

## Starting school: a survival guide for the first few weeks

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It's the first weeks of the school year and, no doubt, the tears – mostly from the grown-ups – have been flowing freely.

The emotions and fears are natural, says Kindergarten teacher and Federation Executive member Dianne Byers.

She shares her tips for a successful transition – “routine” with a dash more “routine” – and what to expect on an edition of Radio National’s Life Matters. Listen to the interview at <http://radio.abc.net.au/programitem/pgOVeMyWWV?play=true>.

And just so you know, an afternoon meltdown by a tired and drained Kindy student is completely normal!

